TVT SCIENTIFIC SESSIONS 2022

# What (Else) Have We Learned From REDUCE-LAP II?

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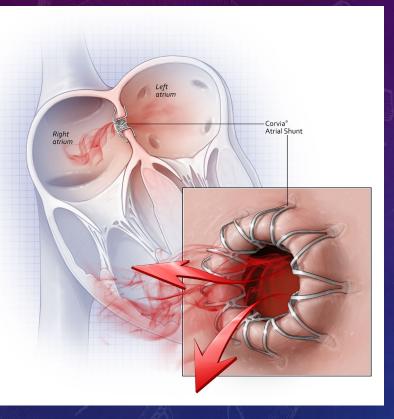
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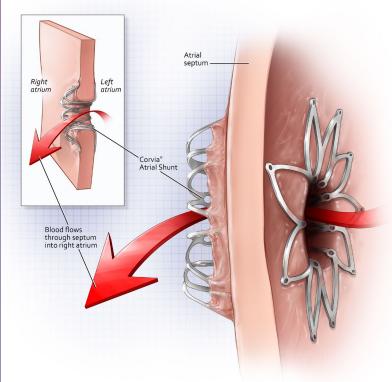
## Disclosures

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## **Corvia Atrial Shunt**





- Self-expanding nitinol cage
  Double-disc, flush with LA septum
- Single, 8-mm shunt diameter

Proposed mode of action: dynamic decompression of overloaded LA chamber by shunting blood from LA → RA (Qp:Qs 1.2-1.3)

Feldman T...Shah SJ. Circ Heart Fail 2016

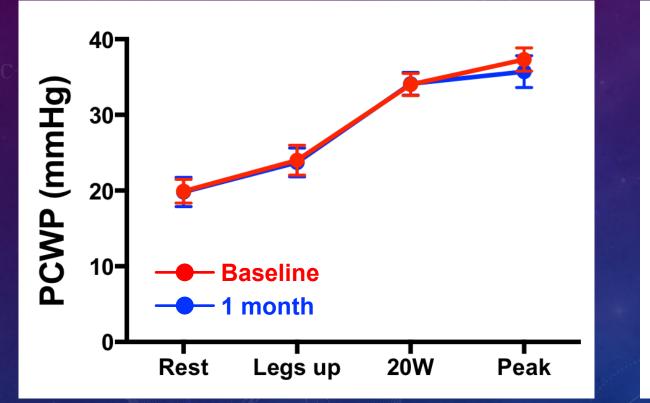
## Corvia vs. other interatrial shunts

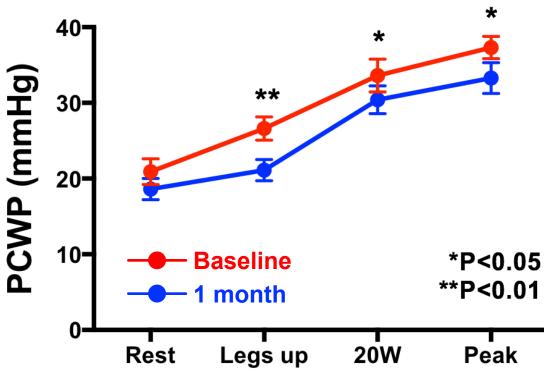
Parameter	Corvia Atrial Shunt Device	Other shunt devices/procedures
Device type	Interatrial shunt device	Interatrial shunt, LA $\rightarrow$ CS shunt
Device vs. procedure	Device (self-expanding nitinol cage, double-disc, flush with LA septum)	Variety of device designs and procedures (i.e., ASD creation without device)
ASD size	8 mm shunt, single size	Various sizes, ± customizable
Mechanistic, Phase 2 RCT	↓Exercise PCWP vs. sham	No RCT data yet
Development stage	Pivotal Phase 3 trial enrollment complete	Various stages (pilot/feasibility to ongoing Phase 3 trial)
Phase 3 trial design	Exercise RHC in all patients	No exercise RHC in Phase 3 trial

# REDUCE LAP-HF | trial: JLA pressure

## CONTROL

### **CORVIA IASD**





Feldman T...Shah SJ. Circulation 2018

# **REDUCE LAP-HF II trial design**

- Prospective, multi-center, randomized (1:1), sham-controlled, blinded trial
  - ✓ 89 sites in US, Canada, Europe, Australia, Japan
  - Rigorous echocardiographic and invasive exercise hemodynamic screening
  - Gold-standard diagnosis of HFpEF, trial enriched with patients expected to benefit most from shunt therapy
     Excluded patients unlikely to benefit from shunt treatment

# Key inclusion/exclusion criteria

### • Inclusion criteria:

- Gold-standard diagnosis of HFpEF, enriched to benefit from shunt therapy
- History of chronic HF
- ✓ Age ≥40 years
- ✓ NYHA II or III symptoms
- ✓ LVEF ≥40%
- ✓ Exercise PCWP ≥25 mmHg
   ✓ PCWP-RA pressure ≥5 mmHg

## • Exclusion criteria:

- Exclude patients unlikely to benefit from shunt therapy
- ✓ Cardiac index <2.0 L/min/m<sup>2</sup>
- Previous EF <30%
- CVA, TIA, DVT, PE in past 6 mo.
- Greater than mild RV dysfunction/enlargement
- Moderate or greater TR
- Resting RA pressure >14 mmHg
   Resting PVR >3.5 WU

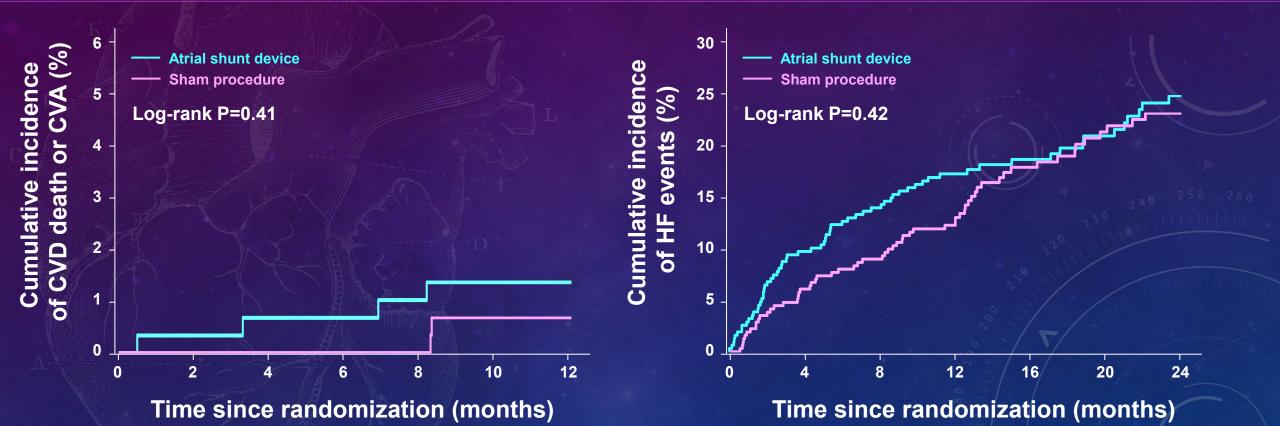
Berry N...Shah SJ. Am Heart J 2020

# **REDUCE II: Baseline characteristics**

Characteristic	All patients (n=626)
Age, years	72 L
Female	62%
Diabetes mellitus	37%
Atrial fibrillation	52%
Pacemaker	15%
Median LVEF, %	60
HFmrEF (EF 40-49%)	7%
NYHA class III	77%
HF hospitalization in last 12 mo.	27%
Median NTproBNP, pg/ml	405
Median KCCQ-CSS	<b>B</b> 46
Median 6MWD, meters	301
Median eGFR, ml/min/1.73 m <sup>2</sup>	57

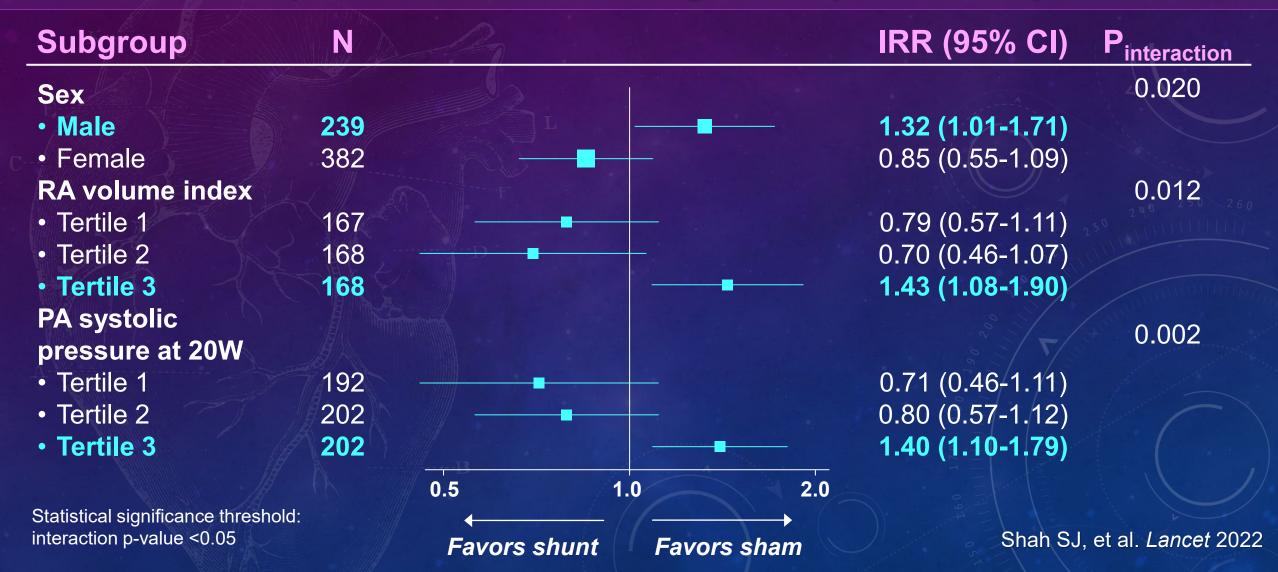
- Older, majority women
- Multiple comorbidities
- Most NYHA class III
- Majority (93%) HFpEF (EF≥50%)
- Very poor health status
- ↓Exercise capacity, ↑NTproBNP
- Median resting PCWP = 18 mmHg but 29% of enrolled patients had resting PCWP < 15 mmHg</li>
   (All patients had peak exercise)
  - PCWP ≥25 mmHg)

# Primary composite endpoint



- Finkelstein-Schoenfeld p-value=0.85
- Win ratio: 1.0 (95% 0.8-1.2)

## Pre-specified subgroup analyses



## Gender differences in REDUCE LAP-HF II

- Women and men: similar rest and exercise PCWP, PVR
- Women:
  - ✓ Less AF, diabetes, CAD, prior HF hospitalization
  - ✓ Worse KCCQ-OSS: 44 vs. 51 (P=0.0002)
  - Small cardiac chamber volumes, higher LVEF
  - Better LV, RV, LA, and RA strain
- Similar overall win ratio (1.03 in women, 0.95 in men)
- Women had less recurrent HF events in response to the atrial shunt device (vs. sham): incidence rate ratio 0.77 vs. 2.19 (P=0.02)

Borlaug BA...Shah SJ. *Circulation* 2022 Lam CSP...Shah SJ. *ESC-HFA* 2022 [abstract]

## Connecting the dots: gender, RA volume

### **Differences by gender:**

Characteristic	Women	Men	P-value
	(n=385)	(n=241)	
Permanent pacemaker	16.4% (63/385)	22.0% (53/241)	0.078
RA volume index (ml/m <sup>2</sup> )	25.6±11.8 (311)	31.9±14.1 (195)	<0.001

\*After excluding patients with pacemakers, there are no longer any sex differences in response to atrial shunt treatment

#### **Differences by RA volume index:**

Characteristic	RA volume	RA volume	P-value
	≤29.7 ml/m²	>29.7 ml/m <sup>2</sup>	
	(N=336)	(N=170)	
Female	73.2% (246/336)	38.2% (65/170)	<0.001
Permanent pacemaker	11.7% (39/333)	28.2% (48/170)	<0.001

Borlaug BA...Shah SJ. *Circulation* 2022 Lam CSP...Shah SJ. *ESC-HFA* 2022 [abstract]

## Pacemaker vs. no pacemaker

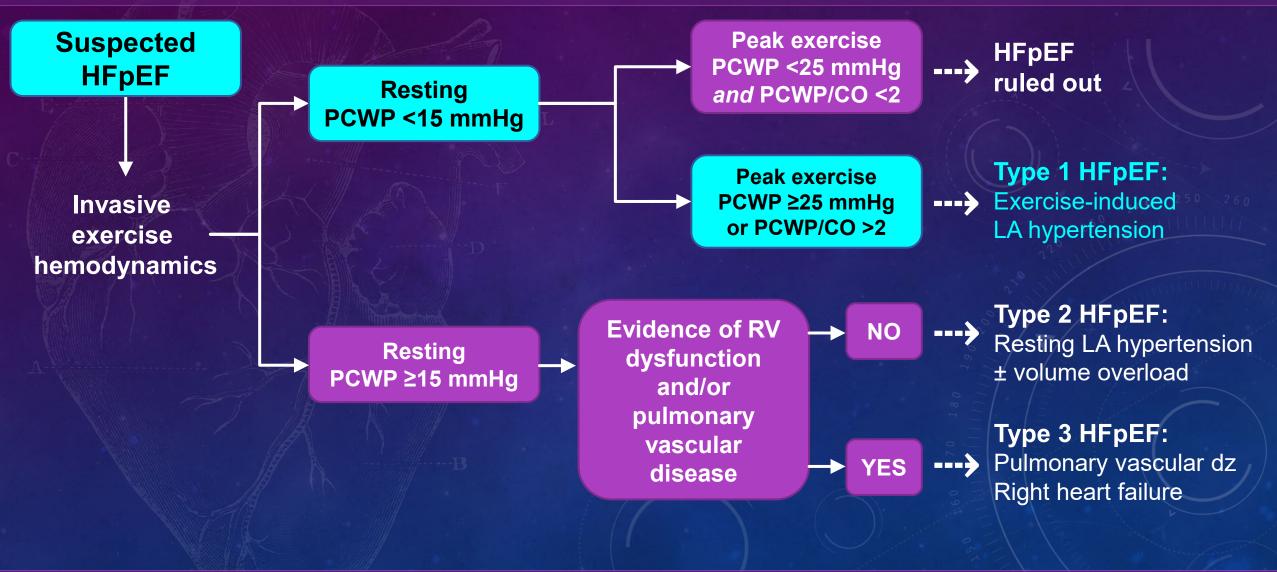
	No pacemaker (n=510)	Pacemaker (n=116)	P-value
Age (years)	72	74	0.03
Men (%)	37	46	0.08
Obesity (%)	63	52	0.02
Diabetes (%)	39	28	0.04
AF or flutter (%)	47	81	<0.001
Loop diuretics (%)	82	84	0.64
LVEF (%)	55	50	<0.001
Moderate or more TR (%)	11	24	<0.001
RAVI (ml/m²)	24	33	<0.001
RAP rest	9	10	0.004
PVR (peak exercise)	1.3	1.4	0.76

Petrie M...Shah SJ. ESC-HFA 2022 [abstract]

## Pacemaker vs. no pacemaker

Subgroup	Variable	Statistic	Atrial Shunt	Sham Control	Incidence Rate Ratio	Win Ratio	P-value
No pacemaker N=504	Primary efficacy endpoint	Win ratio	-	-	- ((	1.13 (0.91, 1.40)	0.23
	HF event	Rate per person year	0.26	0.27	1.06 (0.66, 1.71)	230	0.81
	Change in KCCQ OSS at 12 months	Mean±SD	11.3 (-2.3, 27.3)	8.3 (-2.6, 22.1)	-	210 210 IIII	0.32
Pacemaker N=115	Primary efficacy endpoint	Win ratio	-	-	- 180 <i>19</i> ,	0.63 (0.40, 1.01)	0.05
	HF event	Rate per person year	0.40	0.23	2.19 (1.00, 4.75)		0.05
	Change in KCCQ OSS at 12 months	Mean±SD	7.7 (-0.4, 20.3)	10.7 (-1.8, 23.2)			0.71

# Phenotype-guided approach to HFpEF



## Exercise-induced LA hypertension (EILAH)

- EILAH (vs. resting LA hypertension [RELAH]):
  - ✓ 29% of REDUCE LAP-HF II patients
  - ✓ Younger, less comorbidities, less AF, less pacemakers
  - Lower NTproBNP, better 6MWD, less abnormal cardiac structure/function, less abnormal hemodynamic at rest/exercise

Exercise hemodynamics	Resting PCWP <15mmHg	Resting PCWP ≥15mmHg	P-value
(median values)	(n=182)	(n=436)	<b>F-value</b>
Peak RAP (mmHg)	15	19	<0.001
Peak PCWP (mmHg)	30	36 🚆 🗐	<0.001
Peak CI (L/min/m <sup>2</sup> )	4.0	3.6	0.001
Peak PVR (WU)	0.67	1.14	0.001
Peak PVR <1.74 WU	78%	62%	<0.001

## Exercise-induced LA hypertension (EILAH)

- EILAH (vs. resting LA hypertension [RELAH]):
  - ✓ 29% of REDUCE LAP-HF II patients
  - ✓ Younger, less comorbidities, less AF, less pacemakers
  - Lower NTproBNP, better 6MWD, less abnormal cardiac structure/function, less abnormal hemodynamic at rest/exercise
  - Trend to greater reduction in HF events in EILAH vs. RELAH in response to the atrial shunt
    - ---> EILAH: IRR 0.54 [95% CI 0.27-1.53]
    - ---> RELAH: IRR 1.44 [95% CI 0.92-2.25]
    - ---> Interaction P=0.11

## Take home points

- REDUCE LAP-HF II pivotal RCT (HF, EF ≥40%) with exercise hemodynamics (N=626): Largest device trial in HFpEF to date
- Placement of atrial shunt did not reduce total rate of HF events or improve health status overall in HF with EF ≥40%: *Pre-specified subgroup analyses showed that women, smaller RA volume, and lower exercise PA systolic pressure did better with the shunt*
- Gender differences and RA volume: explained by pacemaker effect: *Patients with pacemakers did worse with the device*
- 29% of patients in the trial had resting PCWP <15 mmHg (EILAH): More likely to be in responder groups, possible greater benefit

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